

# Scoring



## INTRODUCTION

The scoring of performances comprises several criteria – technical elements, level of difficulty of the dance choreography, performance, interpretation of the music, show factor, shoe work and penalties. The semi-final panel will be composed of at least 3 judges. Each judge will evaluate all criteria. The scores obtained for each of the criteria will be averaged. The final panel will be composed of at least 5 judges from the Czech Republic and abroad. Each judge will evaluate all criteria. The highest and the lowest score obtained for each criterion will be dropped and the remaining scores will be averaged. Participants should read the rules carefully. Non-compliant participants will lose points.

### I. Levels of difficulty of elements

The level of difficulty of each element depends on execution, flexibility, power and ability to execute the element simply. Precise lines should be maintained during execution.

#### Classification of elements according to the level of difficulty (for technical scoring)

##### a) Easy (1-4pts)

Elements with the lowest technical scores. Performers are less strong and flexible. The body is lifted with bent legs from the floor. The minimum split angle is  $160^\circ$ . Strength elements must be held by the body or legs.

##### b) Average (5-7pts)

Performers' strength and overall flexibility is average, they are able to make handstands. The legs in split position are at  $180^\circ$  ( $160^\circ$  in more difficult elements), the body is lifted with stretched legs from the floor, or with bent legs from the air. The flexibility of shoulders is shown by gripping the pole with the feet over the head.

##### c) Difficult (8-10pts)

Performers show high strength and flexibility of the whole body. The angle of their legs in split position is at least  $180^\circ$ , the body is lifted with straight legs from the air. The flexibility of shoulders and back is shown by gripping the pole with the feet over the head with stretched arms.

It is recommended to choose elements that are executed in a simple way with perfect lines and to avoid elements without the certainty of correct execution.

## CRITERIA

Each participant can achieve maximum 55 points.

Criterion	Maximum points
Technical elements	10
Level of difficulty of the dance choreography	10
Execution	10
Interpretation of music	10
Show factor	10
Synchronization and partnering (only for Low flow groups category)	10
Shoe work	5
<b>Total</b>	<b>55 (65)</b>

### Technical elements

Points for technical elements include all elements of strength, flexibility, dynamic elements, difficulty of their combinations and transitions between the elements and work with the spinning pole.

- **Strength elements:** strength of arms, body and legs, lifting the body. The performer selects elements to show the strength of the core and the upper part of their body. The level of difficulty of each element will be averaged in the final score.
- **Flexibility elements:** flexibility of legs, back and shoulders. The performer selects elements to show the full flexibility of their body. The level of difficulty of each element will be averaged in the final score.
- **Dynamic combinations:** combinations of elements in a dynamic controlled motion (controlled falls, loosened grasps, jumps off the pole, etc.).
- **Difficulty of combinations and transitions between the elements:** transitions from one element to another, from one pole to another, combination of tricks. To achieve a higher score, the participant should show innovative and original transitions performed with precision and grace.
- **Work with the spinning pole:** work with the spinning pole is taken into consideration – the ability to control the pole, the ability to spin it up and down during combinations, the ability to perform inverted elements also on the spinning pole.

## **Level of difficulty of the dance choreography**

Points for the level of difficulty of the dance choreography (0-10pts) include combinations of dance steps and turns, floorwork (this can include also acrobatic tricks like somersaults, handstands, etc.) and motions performed throughout the choreography. Especially in the Low flow categories, the emphasis is on working with the pole, when the time spent in contact with the pole (touching with any part of body) is at least 1min 30sec. In case of non-observance of this rule - only for Low flow categories - a deduction of -5 points from the judges will be awarded.

## **Execution**

Points (0-10b.) score the overall grade of execution:

- Hands and wrists should be in a straight line. The fingers should not show any signs of convulsion.
- To perform a position correctly, the legs (especially watch out for instep, ankle and knee lines), back, neck, arms and wrist should be aligned. The right posture is required for elements on and off the pole.
- The performer should show the ability to control their stability.
- The performer should refrain from wiping their hands on their costume or floor (unless this is part of their dance choreography).
- The execution also includes dance choreography. Flow on both, the pole and the ground, should act easily and effortlessly.

## **Interpretation of music**

Points for interpretation of the music (0-10pts) reflect the performer's ability to interpret the music, facial expression, emotions, moving to the music. The whole choreography should be in harmony with the rhythm and melody of the selected composition.

## **Show factor**

Points for show factor (0-10pts) reflect the ability to grip the audience and involve them in the performance. The overall impression should be one of athletic ability and representativeness. Self-assurance and persuasiveness are evaluated. Furthermore, the overall concept and choreography, including the relevance of costume, music and topic.

## Synchronization and partnering (only for Low flow groups category)

Ability of rhythmic and shape harmony (if it's not a canon) and ability of motor communication between competitors in a group.

## Shoe work

Points for shoe work (0-5pts) will be awarded for the right technique of shoe work – e.g. inversion of platforms, weight transfer, stability, etc.. Self-assurance and persuasiveness are evaluated. Furthermore, the overall concept and choreography, including the relevance of costume, music and topic.

## DEDUCTIONS

Deductions will be imposed in the following situations:

Criteria	Deductions
Less than 2 meters of the pole height of both poles (except the Low flow categories) was used	-5
Uncontrolled fall	-5 (each)
Deadline violations	-5 (each)
Costume violation	-5
Forbidden moves (for both Low flow categories)	-1 (each)
Contact with the pole shorter than 1min 30sec (for both Low flow categories)	-5

**Less than 2 meters of the pole height of both poles was used:** the performer must use at least 2 meters of the height of both the static and spinning pole (except the Low flow and Low flow groups categories)

**Uncontrolled fall:** sudden fast uncontrolled movement down on the floor from any position on or off the pole.

**Deadline violations:** the performer will lose points for each failure to comply with the deadlines (e.g. closing date for applications, closing date for receiving the semi-final video, the final show music, etc.).

**Costume violation:** Rules for costumes are set in the Contest Rules.

**Forbidden moves (for both Low flow categories):** all inverted positions except for floor based inverts, exceeding the permitted height of the pole.

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